



RUN ALL 3 OF ALABAMA'S  
MARATHONS IN 3 MONTHS!

## The 2010 3N3 Alabama Marathon Challenge

\$25 through December 15, 2009 / \$50 through December 31, 2009

*Please print clearly and fill out completely!*

First name: \_\_\_\_\_

Last name: \_\_\_\_\_

Gender: Male or Female (**please circle**)

Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone: \_\_\_\_\_

Street Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Emergency Race Day Contact Name & Number: \_\_\_\_\_

T-shirt Size: YL/AXS AS AM AL AXL AXXL (**please circle**)

**WAIVER: LIABILITY WAIVER AND RACE AGREEMENT:** I know that running or walking a road race is a potentially hazardous activity. I will not enter and run unless I am medically able to do so and properly trained. I assume all risks associated with running or walking this event, including but not limited to the effects of weather, traffic, course conditions and course surfaces, falls, and contact with other runners, volunteers and spectators. I am aware that medical support for this event will be provided by volunteer personnel who may be called upon to provide assistance, including first aid, to me during or after the event. I authorize any such volunteer to assist me or to perform such assistance as in the opinion of such person may be necessary or appropriate. I understand that Birmingham Events, Inc., The Trak Shak, the City of Homewood, the sponsors, the volunteers, and all others assisting in the operations of the event and its supporting and related activities assume no responsibility or liability with respect to my participation in the run or in any related events. I agree to obey and accept the rules of this race and any related events as published or otherwise made known to me, and to abide by the decision of any race official concerning my ability to safely complete the event. Having read this waiver and release, and knowing these facts, and in consideration of the acceptance of my entry, I for myself and any person entitled to act on my behalf do hereby release Birmingham Events, Inc., Elwood, LLC dba The Trak Shak, the City of Homewood, all sponsors, volunteers, together with their employees, contractors, subcontractors, directors, officers, agents, attorneys and representatives from all claims of liabilities of any kind or character arising from my participation in this event or in any related activity, even though liability may arise from negligence or carelessness on the part of persons or organizations named in this waiver and release. I consent to the use of photographs, video, film and sound recordings of all events for all legitimate purposes. I give permission to be contacted by interested media.

SIGNATURE \_\_\_\_\_ (Everyone must sign to participate. Unsigned entries will not be accepted. Parent must sign if runner is under 18 years-old.)

**Mail entry along with payment to: BMI, PO Box 59260, Birmingham, AL 35259. Entry must be postmarked by December 31, 2009 to be eligible to participate. Please see our website for all details – [www.mercedesmarathon.com](http://www.mercedesmarathon.com).**

